Biodynamic Farming:
An Urban, Community-Based Exploration

What We Learned

What We Did

Future Goals

Our Favorite Quotes

Even though biodynamic art can be a little hard at times, I think that it helps us to understand that... This is a "means of approach."

Therefore, you garden can be a lot easier if you just put the spicy things in the right place at the right time...

Things work change for the better and it's kind of in essence something about the human kind of well being... So, we said it's going to be better food...

Wishnay means... you step on it and you walk down the road and wait through the rows of the various plots of land and see what's behind the big field of plots of land...
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What We Learned

The word "biodynamic" is derived from the two Greek words: "bios" — life, and "dynamicos" — energetic or powerful. Biodynamics is an energetic and spiritual approach to farming and life that seeks to harness the natural rhythms and cycles of the earth. It involves working in harmony with the natural cycles of the earth, including the phases of the moon, and using natural materials such as manure and compost to build healthy soils.

Objectives of Biodynamic Farming

- To create a sustainable and healthy environment for the growth of plants and animals
- To promote the health and well-being of the community and its members
- To use natural materials and avoid synthetic chemicals
- To work in harmony with the natural cycles of the earth

The Biodynamic Preparations

The biodynamic preparations are a set of homeopathic mixtures that are used to improve soil fertility and increase plant yields. They are made from natural materials such as manure, compost, and seaweed. The preparations are used in a variety of ways, including as a soil amendment, a seed treatment, or an spraying solution.

The Soil of Biodynamic Farming

In biodynamic farming, the soil is seen as a living organism that needs to be treated with care and respect. The farmer should work to improve the soil's health by using natural materials and avoiding synthetic chemicals. The farmer should also work to create a diverse and balanced ecosystem in the field.

The Biodynamic Compost Heap

Chirp "Compost Heap" - Our biodynamic compost heap is a place for composting organic materials. We use compost to nourish the soils, improve structure, and provide a rich source of nutrients for the crops. Composting is a crucial aspect of biodynamic farming as it helps to create healthy soils and reduce the amount of waste sent to landfills.

The Future Goals

Our Favorite Quotes

"Even though biodynamic agriculture has been around for a long time, it's not mainstream. It's not very well known because it is not easy to grasp. Biodynamic farming is a complex and multifaceted approach. This is an unconventional approach." (Anonymous)

"Things won't change for the better unless people start to care for the environment. We need to act now, and the sooner people realize this, the better for our planet." (Jane Goodall)

"Biodynamic... goes a step beyond organic farming, focusing on healing the earth through the use of a series of complementary techniques. In the context of this workshop, we will focus on the use of green manures and composting." (Biodynamic Farmer)

"Our mission is to teach people about the benefits of biodynamic farming and to inspire them to make positive changes in the way they grow food." (Biodynamic Teacher)